

Sleeping Respiration Rate (SRR) Monitor Sheet

Patient name _____

Sleeping Respiratory rate apps - Cardalis or Heart2Heart Canine RRR

Date	SRR	Date	SRR	Date	SRR

Remember:

Count number of breaths over 1 minute (or 30secs and multiply by 2)

- One breath = One intake and exhalation of air
- Watch for the animals chest to rise once and fall once to count one breath
- When measuring, your pet should be asleep in a cool place and not dreaming
- Do not touch or otherwise disturb your pet while counting
- If **SRR** is **consistently** >30 breaths per minute, **contact your vet**
- Always bring this card with you to your vet visit



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